

BENJAMIN MAY

Co-Founder
The New Normal Charity

<https://www.linkedin.com/in/benjamin-may-578381131/>

Benjamin May is one of three friends behind the charity The New Normal, having lost his dad Steve, in August 2016 to a brain tumour, at the age of 30. Ben, had already been learning about his own mental health and wellbeing and, along with Jack, believes in the power of conversation and education through shared experience.

