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Catherine Thomas is a senior director in AM Best's London office. She is responsible for managing a team of analysts that follow a range of insurers and reinsurers worldwide. In addition, Catherine contributes to articles on insurance topics for AM Best publications as well as for various external insurance industry publications. Prior to joining AM Best, Catherine worked at Jardine Lloyd Thompson, where she was an insurance company analyst in its market security department. Catherine began her insurance career as an analyst at Arium Risk Architecture, a risk modelling consultancy now part of Verisk Analytics.

Catherine holds a BSc from the University of Liverpool and was awarded the Chartered Financial Analyst (CFA) charter in 2006.