



Continuing Professional Development Certificate

Recession Proof: Managing Your Career in Difficult Times

Date: Thursday 02 July 2020

Time: 1.00pm - 2.30pm

Speaker: Sarah Stoddart-Burrows ACII, Founder & Career Coach, Thrive Coaching

In this IIL webinar, Sarah Stoddart-Burrows explained how to manage your career proactively which can help you to feel more confident no matter what happens. Given the threat of a global recession looming, this webinar shared key strategies that can help you to manage your career during difficult times.

By the end of this webinar members would have gained an insight into:

- Strategies to make yourself 'indispensable' to your current employer
- Investments to make in yourself now to put yourself in the best position possible
- Preparing for the worst: making a game plan in case you need a 'Plan B'



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