This year's annual BII Fun Run had a festive theme: a Santa Dash.

Approximately 150 runners signed up to take part in the 5k or 10k fun run, many of them in Santa Suits, perfect for a run on a crisp morning in leafy Sutton Park.

The run results are now online here https://www.nice-work.org.uk/races/Bii-Birmingham-Run/2018

Congratulations to the winners!

- Runners from Salisbury Tri and Bourneville Harriers received men's first and second in the 10k at 38:02 and 38:12
- Belper Harriers and Welwyn Garden City Runners ladies were not far behind in the 10k at 42:39 and 43:54
- The fastest 5k gentlemen came in at an astonishing 20:04 and 20:16, the winner being a Wolverhampton & Bilston RC (who also produced a great third place runner coming in at 22:34)
- A Halesowen AC runner grabbed the women's first place trophy in the 5k followed by an independent runner, with times of 28:33 and 29:05.

BII President Ra'chael McNamara did extremely well for her first 5k coming in at 11th place in the women's category.

Best costume prize went to the runner in a reindeer mini-dress, which no doubt added to her speed on the day.

Many thanks to sponsors Hiscox and Idex, the Birmingham Insurance Institute volunteers who acted as course marshalls, St John's ambulance and run organiser NiceWork.

The run helped to raise upwards of £500 for social care agency Father Hudson's Society, who help local vulnerable people young and old.