



The Insurance
Institute of London
Chartered Insurance Institute

Continuing Professional Development Certificate

Mental health at work

Date: Wednesday 9 January 2019

Time: 1.10pm - 1.55pm

Speaker: Richard Sheffield, Head of Technical Reinsurance and Natasha Barreto, Underwriter Combined UK & Ireland

In this IIL lecture Richard Sheffield and Natasha Barreto discussed QBE's journey towards establishing a Mental Health First Aider Scheme within their firm.

By the end of this lecture, members would have gained an insight into:

- Why Mental Health First Aiders are important within the workplace
- How a similar scheme could be set up within their own organisations



This lecture or podcast can be included as part of your CPD requirement should you consider it relevant to your professional development needs. It is recommended that you keep any evidence of the CPD activity you have completed and upload copies to the recording tool as the CII may ask to see this if your record is selected for review.

CII CPD event accredited - demonstrates the quality of an event and that it meets CII member CPD scheme requirements.